

HARLINGEN
SOUTH
SWIM & DIVE

Newsletter



“LIFE CAN BE MUCH
BROADER ONCE YOU
DISCOVER ONE SIMPLE
FACT... EVERYTHING
AROUND YOU THAT YOU
CALL LIFE WAS MADE UP
BY PEOPLE THAT WERE
NO SMARTER THAN
YOU...YOU CAN CHANGE
IT, YOU CAN INFLUENCE
IT.”

-STEVE JOBS



“CHAMPIONS AREN'T
MADE IN THE GYMS.
CHAMPIONS ARE MADE
FROM SOMETHING THEY
HAVE DEEP INSIDE THEM;
A DESIRE, A DREAM, A
VISION.”

-MUHAMMAD ALI



“ONLY HE WHO CAN SEE
THE INVISIBLE CAN DO
THE IMPOSSIBLE.”

-FRANK L. GAINES



“WHAT IF I FALL? OH,
BUT MY DARLING WHAT
IF YOU FLY.”

-ERIN HANSON



“I NEVER LOSE.I EITHER
WIN OR I LEARN.”

-NELSON MANDELA

COMMUNITY OUTREACH

HOMECOMING PARADE & MEN WHO COOK

On September 19th, Harlingen South Swim & Dive Team participated at the Homecoming parade. In this event we not only gave out candy to the community but cooled them off as a swim & dive team should with water sprayers.

On September 28th the Harlingen South Swimming & Diving Team participated at The Ronald McDonald House Charities Men Who Cook Event. The South Swim and Dive Team has been the only HCISD representative for the 3rd straight year. The team representing South swim & dive were: Justin Armstrong, Pasquale Davila, Jacinto Garza Assistant Coach Jerry Garza and Head Coach Hector Castaneda Jr. South was awarded 3rd place in Peoples Choice Award out of 24 teams.

As a team, it is important for us to serve and give back to our community here in Harlingen.

SWIM AND DIVE MEET

TOP ACCOMPLISHMENTS

Los Fresnos RGVSCA Swim & Dive Meet on October 11th & 12th

Girls 200 Medley Relay (3rd Place)

Camille Lizada (Backstroke), Ana Porzycki (Breaststroke),
Catherine Duncan (Butterfly), and Victoria Saenz (Freestyle)

Girls 200 Yard Freestyle

Camille Lizada (2nd Place)
Victoria Saenz (5th Place)

Boys 200 Yard Freestyle

Pasquale Davila (2nd Place)

Girls 50 Yard Freestyle (74 Participants)

Jaclyn Balli (9th place)
Catherine Duncan (12th Place)
Ianna Hansen (15th Place)

Girls 1 Meter Diving

Mae Kennedy (3rd Place)

Boys 1 Meter Diving

Christian Salazar (8th Place)

Girls 100 Yard Butterfly

Camille Lizada (1st Place)

Catherine Duncan (5th Place)

Girls 100 Yard Freestyle

Jaclyn Balli (9th Place)

Boys 500 Yard Freestyle

Pasquale Davila (2nd Place)

Girls 200 Yard Freestyle Relay (3rd Place)

Camille Lizada, Ianna Hanson, Jaclyn Balli, and Catherine Duncan

Boys 200 Yard Freestyle Relay (9th Place)

Pasquale Davila, Jacob Rodriguez, Jacinto Garza, Justin Armstrong

